

Our Intensive Outpatient Program is designed to provide a structured and comprehensive treatment approach for those suffering from moderate to severe depression. Our program offers a comprehensive treatment approach, including individual and group therapy, medication management, and psychoeducation. Patients in our program do not require hospitalization, and they can continue to live at home and work during treatment. Our program is designed to provide a structured and comprehensive treatment approach for those suffering from moderate to severe depression. Our program offers a comprehensive treatment approach, including individual and group therapy, medication management, and psychoeducation. Patients in our program do not require hospitalization, and they can continue to live at home and work during treatment.