

FALL 2010

# REGIONAL PROFESSIONAL SERIES TRAINING



**JENNIFER LOMBARDI, MFT**, is Director of Admissions and Outreach for the Summit Eating Disorders and Outreach Program. During her tenure, the program has successfully provided

prevention lessons to more than 5,000 local students, and professional training to almost 10,000 clinicians. Jennifer attended California State University, Sacramento, where she received her undergraduate degree in Government/Journalism and her Master's in Marriage, Family and Child Counseling. Recovered herself from anorexia for more than 15 years, she lectures extensively on the topics of eating disorders and body image issues to adolescents, parents and professionals.

**“EXCELLENT PRESENTER,  
INTERESTING TRAINING,  
INFORMATIVE MATERIAL...”**

— quote from a previous participant.



**TONY PAULSON, PH.D.**, Clinical Director of Summit and co-author of *Why She Feels Fat, Understanding Your Loved One's Eating Disorder and How You Can Help*. Dr. Paulson has worked in the

field of eating disorders for nearly 20 years. He has taught at CSU Sacramento, community colleges, as well as JFK University. He and Jennifer will discuss *Strategies for the Eating Disorder Patient: 10 Things Every Clinician Must Know*. The presentation will focus on developing psychological and biological interventions for eating disorder patients. Participants will explore treatment strategies that encompass the complexities of these disorders. Examples of the topics to be cover include:

- Etiology of eating disorders.
- Biological, psychological, and nutritional interventions.
- The role of the family in treatment.
- Addressing treatment resistance.

## DEAR VALUE CLINICIAN,

Summit Eating Disorders and Outreach Program would like to invite you to one of our Fall 2010 Regional Professional Series trainings. Summit is an agency that provides services for adults and adolescents struggling with eating disorders in Sacramento. Summit offers medically supervised day treatment, intensive outpatient and binge eating disorder programs, as well as professional and community education and prevention. Housing available for patients outside the Sacramento area.

## *Celebrating 10 Years of Healing the Mind, Body & Spirit*

Special **FREE** event in celebration of our  
10 year anniversary! **Space limited!**

**FRIDAY, SEPTEMBER 10, 2010**

**Doubletree Hotel Sacramento**

2001 Point West Way, Sacramento, CA 95815

(916) 929-8855

Event is from 8:00 a.m. to 4:30 p.m. (registration at 7:30 a.m.)

6 CEUs for psychologists, LCSWs, MFT's, RD's have been applied for.

Please fill out the registration form and mail or fax it. If you have any questions, please contact Jennifer Lombardi, MFT at (916) 920-5276, ext. 11 or email her at [jennifer@sedop.org](mailto:jennifer@sedop.org).

# REGISTRATION FORM

- Mail or fax registration form to:  
601 University Ave., #225, Sacramento, CA 95825  
Phone: (916) 920-5276, ext.111 Fax: (916) 920-5221
- Registration must be received by **Friday, September 3, 2010.**
- Confirmations will **ONLY** be sent if email is provided.

## REGISTRATION INFORMATION

**SACRAMENTO, CA – Sept. 10**

Yes, I am interested in a tour of Summit's treatment center from 12:00–1:00 pm. Please include me in this event.

No, thanks. I am not interested in the tour—only the seminar.

NAME: \_\_\_\_\_

CREDENTIALS: \_\_\_\_\_ LICENSE#: \_\_\_\_\_

EMAIL: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

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KEEP PORTION BELOW THIS LINE FOR THE DATES AND LOCATIONS.

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